

Your Health First Holiday Giveaway 2019

Official Rules and Regulations:

The “**Your Health First Holiday Giveaway**” (herein referred to as the “Holiday Giveaway”) is being sponsored, presented, organized and administered by HFN Association Inc. on behalf of its participating Health First member health food stores (herein referred to as “Member Stores”) across Canada. No purchase is necessary to enter the Holiday Giveaway. Making any purchase will not increase or affect an eligible person's chances of winning the Prize offered in the Holiday Giveaway.

The Holiday Giveaway Period: The Holiday Giveaway opens November 1, 2019 and ends at 11:59 p.m. Eastern Standard Time on December 15, 2019, or when no more Official Entry Forms remain to be distributed in any participating Member Store.

How to Enter: To enter the Holiday Giveaway, during the Holiday Giveaway Period, an eligible person must visit a Member Store to obtain an original Entry Form at that Member Store, while supplies last, OR an eligible person may enter online at <http://healthfirstnetwork.ca/giveaway>. An eligible person must legibly complete all of the required information on his/her Entry Form, and, during the Holiday Giveaway Period, deposit the correctly-completed Entry Form in the Ballot Box at a Member Store.

Note Respecting Entry Limits: No eligible person may submit in any manner more than one (1) Entry into the Holiday Giveaway during the Holiday Giveaway Period. If the Sponsor finds that an eligible person has failed to comply with this Entry limitation, or has attempted in any way to circumvent this Entry limitation, the Sponsor will disqualify that person from the Holiday Giveaway, and all Entries submitted by that person will be null and void.

Prizes: A draw will take place at each participating Member Store for the chance to win one a Holiday Gift Basket filled with natural health products, with an approximate retail value of \$200 CAD. The Prize must be accepted as awarded, has no cash value, and is non-transferable.

Important Note Respecting the Skill-Testing Question: An eligible person who becomes the potential Prize winner in the Holiday Giveaway understands, acknowledges and agrees that, by entering the Holiday Giveaway, and before becoming a verified winner, he/she will first be required to answer, correctly and without any mechanical, electronic or other assistance whatsoever, a skill-testing question that is contained in the Declaration and Release and will be required to be executed properly and returned to the Sponsor as and when required by these Official Rules, including the Declaration and Release together with any other documents that the Sponsor may require, all in accordance with the provisions of these Official Rules.

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Eligibility: The Holiday Giveaway is open to all residents of Canada who have reached the age of majority of their Province/Territory of residence by the commencement of the Holiday Giveaway Period, with the exception of:

- Any person who at any time during the Holiday Giveaway Period is associated with the Holiday Giveaway, including employees, officers, directors, advertising or promotional agencies, subsidiaries, Member Stores and their owners, officers, directors and employees, dealers, and representatives of the Sponsor or of any supplier of the Prize or part of the Prize for the Holiday Giveaway
- Any person engaged in the development, production or distribution of materials for the Holiday Giveaway; and
- Any person who is or purports to be an immediate family member (defined as spouse, dependent for federal income tax purposes, half-sister, half-brother, or step-, biological, foster, in-law or adoptive mother, father, sister, brother, daughter, or son) of, or who resides or is domiciled in the same household.

Holiday Giveaway Draw: To determine the in-store draw Prize winners, a random selection from all eligible entries received during the Holiday Giveaway Period will be made at each participating Member Store on December 16, 2019 at 12:00pm Eastern Standard Time. In order to win a Prize, a selected entrant will be required to correctly answer a mathematical, skill-testing question, sign a standard Declaration and Release form, and must be eligible according to the Official Rules and Regulations. The Member Store will not engage in any correspondence except with the potential Prize winners. The selected entrants will be contacted by phone and/or email. [If the selected entrant does not comply with the contest rules, or cannot be contacted within 7 days of the draw date, that Entry will be declared void and further entries will be drawn.](#) Allow four (4) weeks from the draw date for verification of contest winners and Prize fulfillment.

Limits of Responsibility: By entering this contest, the winners acknowledge and agree that the Organizer, Health First, its respective affiliates, agencies, and respective officers, directors, employees, and agents shall have no liability and the contest winners hereby agree to release them and hold them harmless from any liability arising from or relating to this contest or the awarding or use of the Prize. By entering this contest, you consent to Health First and/or their respective affiliates using the personal information submitted with your Entry for the purpose of administering this contest. No further information or marketing communications will be received by the entrant unless the entrant provides Health First and their respective affiliated companies with explicit permission to do so at the time of entry, subject to compliance with applicable privacy legislation.

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Other Rules: The decisions of the Organizer will be final and binding on all entrants. The Organizer shall not bear any liability for contest entries that are lost, stolen, delayed, destroyed, or otherwise improperly completed, or claims that are irregular, have been submitted through illicit means, or do not conform with or satisfy any or all conditions of these Official Rules. Any such claims will be judged void. By entering, each entrant agrees to abide by the Official Rules and the decisions of the Organizer, which shall be final and binding in all matters related to this contest. All entries become the property of the Organizer, which assumes no responsibility for lost, stolen, delayed, damaged, or misdirected entries.

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The Organizer shall not bear any liability for the loss, theft or misuse of the Prize, or any personal damage, personal injury or misfortune in any way attributable to the Holiday Contest or the Prize. Contest is subject to all federal, provincial and municipal laws. Void where prohibited.

The Organizer reserves the right to terminate this contest or to amend these contest rules at any time without notice or with notice in major national newspapers if any factor interferes with the proper conduct of the contest as contemplated by the Rules. Odds of winning any prize are dependent upon the total number of eligible entries received.

For Quebec Entrants Only: Any litigation respecting the conduct or organization of a publicity contest may be submitted to the Régie des alcools, des courses et des jeux for a ruling. Any litigation respecting the awarding of a prize may be submitted to the board only for the purpose of helping the parties reach a settlement.